



Mission

Through music, interactive live performance and a standards-based curriculum, Heartland Men's Chorus will deliver a distinct experience that celebrates diversity & builds community while tackling topics of mental health, self-esteem, and resiliency. Schools with Heart inspires a lasting positive impact on the culture of local middle and high schools (*3 chosen school performances for Spring 2020*).

Flexibility to Meet the Needs of Your School Community

To best serve the unique communities both outside and inside your school's walls, HMC aims to provide a flexible approach to designing each individualized performance. Our curriculum can be adapted to fit the student learner populations, scheduling, and other requirements for each participating school community.

Performance Overview

The Schools with Heart curriculum is centered on stimulating peer-dialogue, awareness, self-advocacy and stigma reduction for mental health awareness within an inclusive school culture. Our performances are rooted in national and state character education and music education standards.

Audience-Learner Outcomes

During our performance and related activities, students will:

1. explore perspectives that impact mental health, self-esteem, and social-cultural pressures
2. build awareness on how to contribute to self-growth and school culture
3. reflect on universal community narratives of struggle and adversity
4. empower themselves and others to freely and openly share their authentic selves

Performance Option A: (HMC Only)

- 30-35-minute performance by Heartland Men's Chorus
- 10-15-minute Q&A
- Video interviews, graphic representation of data, graphics enhancing songs
- Themes: LGBTQ issues, acceptance, love, kindness, suicide prevention, self-empowerment, grit and resiliency
- Interviews and photos portray diverse individuals

Performance Option B: (HMC and School Choral Ensemble Side -By-Side)

- Pre-performance choral masterclass with Artistic Director/Conductor Shawn Cullen (topics and literature to be chosen with school music director)
- *GSA workshop with HMC leadership prior to performance (pizza provided)
- Video interviews and projected visual components enhancing each song
- 30-minute performance by Heartland Men's Chorus
- **5-10 minute performance by your school's choral music department**
- 10-15-minute Q&A
- Video interviews, graphic representation of data, graphics enhancing songs
- Themes: LGBTQ issues, acceptance, love, kindness, suicide prevention, self-empowerment, grit and resiliency
- Interviews and photos portray diverse individuals

Performance Option C: (HMC and School Choral Ensemble Collaboration)

- Pre-performance choral masterclass with Artistic Director/Conductor Shawn Cullen on music chooses for a collaborative performance with HMC
- *GSA workshop with HMC leadership prior to performance (pizza provided)
- Video interviews and projected visual components enhancing each song
- 30-minute performance by Heartland Men's Chorus
- **A collaborative performance by a combined ensemble of HMC and your school's choral music department**
- 10-15-minute Q&A
- Video interviews, graphic representation of data, graphics enhancing songs
- Themes: LGBTQ issues, acceptance, love, kindness, suicide prevention, self-empowerment, grit and resiliency
- Interviews and photos portray diverse individuals

*GSA meeting optional

Sample Performance Outline Version A

(Version B/C to include school ensemble performance)

- Uprising of Love (3:30)
 - Video Segment (1:00)
- You Will Be Found (3:30)
 - Video Segment (1:00)
- Please Stay (4:00)
 - Video Segment (1:00)
- You Have More Friends Than You Know (5:30)
 - Video Segment (1:00)
- This Is Me (5:15)
 - Video Segment (1:00)
- Love Will Build a Bridge (3:00)